



Monroe Senior Center

101 MINE ROAD MONROE, NY 10950

Ann Marie Morris, Director 783-9486 (office) 774-8334 (hallway phone)

May 2012

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Mother's Day May 13th</i></p> 	<p>1 Weight Class 8:45 -9:30 (preregister) Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30 Mens Cards 11am Ladies Cards 11:30</p>	<p>2 Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards--Ladies 12:00</p> <p>Young @ Heart 12 noon</p>	<p>3 Computer Class 10-12 (must sign up)</p> <p>PIZZA & BINGO 12 noon \$1.25</p>	<p>4 Osteo 9:30-10:30 Aerobics 10:30-11:30 Canasta 12 noon Cards 12</p>
<p>7 Yoga 9:30-10:30 Stretch 10:30-11:30 Movie 12:30 (bring lunch) Quilting Grannies 12:30</p>	<p>8 Weight Class 8:45 -9:30 (preregister) Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30 Mens Cards 11am Ladies Cards 11:30</p>	<p>9 Villa Roma Trip 9 am Aerobics 9:30-10:30 Osteo 10:30-11:30 Cards--Ladies 12:00</p>	<p>10 Computer Class 10-12 (must sign up)</p> <p>JOLLY SENIORS 12:30 Spk: MedWise Billing</p>	<p>11 Osteo 9:30-10:30 Aerobics 10:30-11:30 Canasta 12 noon Cards 12</p>
<p>14 Mohegan Sun bus lvs @ 8:30am Yoga 9:30-10:30 Stretch 10:30-11:30 Movie 12:30 (bring lunch) Quilting Grannies 12:30</p>	<p>15 Weight Class 8:45 -9:30 (preregister) Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30 Mens Cards 11am Ladies Cards 11:30</p>	<p>16 Aerobics 9:30-10:30 Osteo 10:30-11:30</p> <p>Cards--Ladies 12:00</p> <p>Young @ Heart 12 noon</p>	<p>17 Computer Class 10-12 (must sign up) Bring your own lunch & BINGO 12 noon \$.25 Blood Pressure 1pm</p>	<p>18 Osteo 9:30-10:30 Aerobics 10:30-11:30 Canasta 12 noon Cards 12</p>
<p>21 Yoga 9:30-10:30 Stretch 10:30-11:30 Movie 12:30 (bring lunch) Quilting Grannies 12:30</p>	<p>22 Weight Class 8:45 -9:30 (preregister) Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30 Mens Cards 11am Ladies Cards 11:30</p>	<p>23 Aerobics 9:30-10:30 Osteo 10:30-11:30</p> <p>Cards--Ladies 12:00</p>	<p>24 Computer Class 10-12 (must sign up) JOLLY SENIORS Installation Lunch 12 noon \$10 Catered by Ceil (Must pay by 5/17)</p>	<p>25 Osteo 9:30-10:30 Aerobics 10:30-11:30 Canasta 12 noon Cards 12</p>
<p>28 CENTER CLOSED MEMORIAL DAY</p> 	<p>29 Weight Class 8:45 -9:30 (preregister) Aerobics 9:30-10:30 Meditation 10:30-11:30 ZUMBA 11:30-12:30 Mens Cards 11am Ladies Cards 11:30</p>	<p>30 Aerobics 9:30-10:30 Osteo 10:30-11:30</p> <p>Cards--Ladies 12:00</p>	<p>31 Computer Class 10-12 (must sign up) Chinese Lunch & BINGO \$ 8 12 noon must see ann marie to pre-order lunch by 5/24</p>	